



Finding Pure Grace.....Project Rachel

“...seven years of pure misery as I lived daily with this horrific choice I made. I finally made my way to a Bible study recovery program much like the one SaveOne offers today. I recovered because God reached down His hand & helped me out of the muck & mire my life had become.”
Quote from Sheila Harper

Yes, it is pure misery that abortion brings...but, friend, it is **pure grace that Jesus brings!** That is what Project Rachel is all about.

We are here as a ministry of the Catholic Church to share forgiveness and hope to anyone who may be suffering despair, shame, and regret after an abortion. Our help is available to all, women and men, regardless of their age or religion. Their abortion may have been recent, or it may have been sixty years ago. We are here to help, and **the hope is real!**

As we read in the quote above, abortion can be a completely devastating experience. The guilt and remorse can be relentless. Ready or not to admit it, there can be great sorrow for the life that has been lost. A LIFE has been lost...therein lies the tragedy of abortion! How does one cope with this reality, especially knowing that they either chose this to happen or went along with this decision? Society says this is a “simple procedure” and allows for no grief. It’s back to work or school. The feelings of deep regret and shame most often must be dealt with in silence and isolation, and a deep depression can set in. There may be anger at a partner or a parent, who may also be suffering after the abortion. Alcohol or drugs may be used as coping mechanisms. There is often a sense of alienation from family and friends. These people are walking wounded. They are hope-less.

In his ministry Jesus reached out to those without any hope. Think of the woman who had been caught in the act of adultery and was about to be stoned. (John 8:3-11) She was in pure misery, and she must have had very little hope that anyone would want to help her at this point. Anyone who spoke up would certainly be risking their own welfare. But Jesus was different. He was unafraid. And he was actually able to help her! We remember the story...after Jesus came into the picture, no one was willing to pick up that first stone and cast it at her. Eventually her accusers left, and she was left alone with her Savior. Her gratitude, her newfound hope must have been overwhelming! Now that's pure grace! Jesus offers this same hope to us today.

Sheila Harper, the woman who wrote the quote about her "pure misery" after aborting her child, found that grace. She is the author of the book *SaveOne*, which is a guide to healing emotionally after an abortion. We use this book in our small group sessions for post-abortive healing, and it has proven to be a very effective tool. It leads us to God's word and the promise of forgiveness through the cross of Jesus and new life through his resurrection. **The Holy Spirit is indeed able to bring about healing!** One woman put it this way, "For the first time in years, I am able to look in the mirror and begin to like the person that I see."

Weekend retreats known as **Rachel's Vineyard** also offer a beautiful opportunity to experience healing after abortion. **There is a retreat coming up October 23-25, 2015. Now is the time to get registered.** Please call **816-591-3804** or visit www.rachelsvineyard.org to learn more. This retreat can change lives for the better! If you know of someone who could benefit from this, please let them know that it is coming up. If that someone is you, please take courage and call.

Abortion does bring misery. But, remember Jesus' words, "All that the Father gives me will come to me, and whoever comes to me I will never drive away." (John 6:37) We want to help people understand the compassion of Christ. God's greatest desire is to forgive and show mercy! Please help us to spread the word about this ministry. Many of our family members and friends are dealing silently with this regret. No matter how long someone has held this pain and lived with this terrible secret, it is possible to receive true healing. As a ministry of the Catholic Church, we are reaching out with care and love. Our hand is outstretched, and we are ready to help.

Like the woman at the well, we know that **Jesus offers pure grace!**

If you think you may have a heart for this ministry, we would welcome your help.

- If you can tell someone you love about post abortive healing, we need you.
- If you can help as a Prayer Warrior, we need you.
- If you have time, talents, or treasure to share, we need you. One of the goals of this ministry is to give people opportunities to use their God-given talents for good.
- If you want to help bring an end to abortion by helping us to bring healing those who have gone through it and letting the truth be known about the devastation that abortion brings, we need you.

Many are hurting after an abortion experience. **We are here to share Jesus' pure grace.** It is our hope that those who find healing will go on to help others and also become strong advocates for LIFE!

To learn more please visit us at www.projectrachelkc.com

Local Project Rachel Helpline: (816) 591-3804

National Project Rachel Helpline: 1 (888) 456-HOPE



For he says,
“In a favorable time I listened to you,
and in a day of salvation I have helped you.”
Behold, now is the favorable time; behold, now is the day of salvation.
2 Corinthians 6:2